

Herbal Guide



ALOE VERA: Burns, rashes, sunburn and or eczema. *

ASHWAGANDHA ROOT to strengthen and energize the body, also used as an aphrodisiac. *

ECHINACEA ROOT & HERB for immune support especially during cold and flu season. *

FEVERFEW LEAF an anti-inflammatory, relaxes spasms, pain reliever and migraine headaches. Take before the onset of a migraine to be effective. *

FRANKINCENSE an anti-inflammatory, skin-cell rejuvenator, tonic and immune-booster. *

GINGER ROOT to improve digestive function and for motion sickness. *

GINKGO LEAF to help cerebral & coronary blood flow aiding memory, hearing and potency restoration.*

GOLDENSEAL ROOT helps support a healthy respiratory function, immune system and combat gum disease. *

GOTU KOLA has long been called the “Elixir of Life” & is commonly used to promote mental clarity, cell repair and improve circulation in the legs. **USED TOPICALLY FOR:** relaxing scalp or feet massage oil. Or chronic skin conditions. (leprosy, syphilis, eczema, psoriasis, arthritis, healing wounds and varicose veins) *

GREEN TEA LEAF help protect against heart disease, strokes and cancer. *

KAVA ROOT natural calming and soothing effects in cases of anxiety and tension. *

KUKUI NUT OIL USED TOPICALLY to relieve dry skin, psoriasis, eczema and sunburn. *

MAMAKI LEAF to strengthen kidney energy & help with stomach, colon, liver problems & allergies. *

MILK THISTLE SEED to promote healthy liver function. *

MYRRH known to have anti-inflammatory effects on arthritis, lower blood cholesterol, relieve spasms, glandular fever, bronchial infections, gingivitis, diseased gums and tonsillitis. *

NEEM LEAF control a wide range of parasitic organisms, clear toxins, inflammation, lower fever & promoting healing. **USED TOPICALLY FOR:** Skin diseases. rashes, eczema, ringworm (athletes foot), lice, arthritis, scabies, earaches, fungal infections, and joint & muscle pain. *

NONI FRUIT used for immune support, diabetes, high blood pressure and as an anti-inflammatory. *

NONI LEAF a warming herb that works mainly on the kidney energy and reduces inflammation. **USED TOPICALLY FOR:** Arthritis, cancer, gout and inflammation. *

PAPAYA GREEN FRUIT to improve digestive function & maintain a healthy intestinal tract.*

PASSION FLOWER to induce relaxation, relieve insomnia, menstrual & spasmodic disorders.*

SAW PALMETTO BERRIES help maintain healthy prostate function. *

STEVIA LEAF a sweetener aiding in digestion & helping regulate blood pressure easing hypoglycemia.*

TURMERIC ROOT stimulate digestive, circulatory & respiratory systems. An anti-inflammatory and antibiotic effects. *

VALERIAN commonly used to calm the nerves, relax spasms, improve digestion, relieve pain and lower blood pressure.*

****NOTE****This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

****NOTE**** Use of these herbal products should not be taken lightly. It is extremely important to consult a physician, especially if you are presently taking any prescribed medications, due to drug interactions.

*******Do not use any of these herbs if pregnant or nursing.